

TRIANGLE GASTROENTEROLOGY
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SPECIAL INSTRUCTIONS FOR DIABETIC PATIENTS

- If you take oral diabetic medication twice daily, you will **only** need to take your morning dose the day before your procedure. If you take your medication once a day in the morning you **will not** be affected. If you take your diabetic medication at night **skip** your dose. You will need to skip your medication the morning of your procedure. If you have any problems, please call us.
- If you are diabetic and on insulin you will need to take only **½ dose** of your insulin in the morning the day before the procedure and skip your evening dose. You will **skip** your insulin the day of your procedure until after the procedure.
- If your blood sugar is too low throughout the day the day before the procedure, you can eat 1 cup of **vanilla** ice cream or drink sips of apple juice to help bring it back up. Please monitor your blood sugars throughout the day and if they become “high” please call us for further instructions.